



# BH Fitness TS5 Treadmill Owner's Manual

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## **BH FITNESS**

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## INTRODUCTION:

Congratulations for selecting BH FITNESS as your new fitness resource. BH FITNESS treadmills offer many exercise programs that benefit users of all levels and ages. Your new treadmill is designed to make your workouts more effective and enjoyable.

**Please read this entire manual carefully before using your treadmill.** This will allow you to get a full understanding of all the features your BH FITNESS treadmill provides. If you have any questions or concerns, please contact BH FITNESS or any authorized BH FITNESS distributors in your area.

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## BEFORE YOU BEGIN

It is very important to become familiar with the frequently used components of your treadmill.





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## SECTION 1

# IMPORTANT SAFETY INSTRUCTIONS

Read all instructions before using the treadmill.

### User Safety:

Before using this or any other exercise equipment **consult your family physician or health care professional** in order to develop a well-planned exercise program to fit your health needs. If you encounter any pain or breathing discomfort while working out, **STOP!**, and consult a physician before continuing.

1. Close supervision is necessary when this unit is used by or near children, invalids or disabled persons. Children are curious and vulnerable to accidents. Do not use the unit as a toy.
2. Do not wear loose or dangling clothing while using the treadmill.
3. Maximum user weight is 400 lbs for the TS5 treadmill.
4. Only one person can use the unit at a time.
5. Keep hands away from moving parts.
6. The owner is responsible for explaining safety instructions to each user.

### Treadmill Safety:

**WARNING: To reduce the risk of fire, electric shock, injury to persons or inflicting the harm of a burn:**

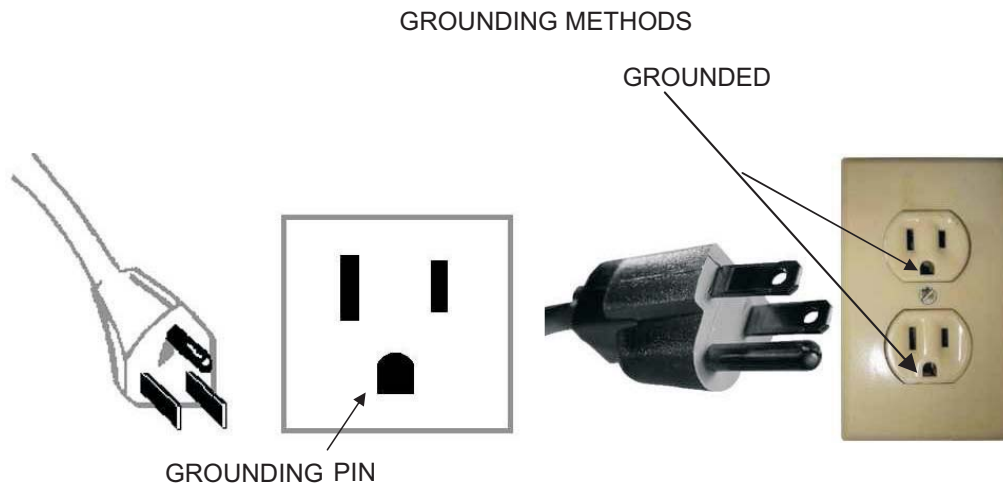
7. Turn all the controls to the off position prior to removing the electrical plug from the outlet. The on/off switch is located on the right, front of the unit.
8. Never leave the unit unattended while plugged in. Unplug the unit from the electrical power before leaving the room, when unused and before servicing or adding or removing parts.
9. Unplug the treadmill prior to cleaning to reduce the risk of electric shock, serious burns, and the risk of injuries.
10. Never operate this unit if it has a damaged electrical cord or plug. Do not operate this unit if it is not working properly. Do not operate this unit if it has been dropped or damaged. Do not operate this unit if it has been immersed into water. Return the unit to a service center for examination and repair.
11. Do not pull or carry the unit by the electrical cord. Do not use the cord as a handle.
12. Keep the electrical cord away from heated surfaces.
13. Connect this Treadmill to a properly grounded 110-120V, 15 or 20 Amp dedicated outlet only.
14. Call your service center or BH Fitness with your concerns before taking your treadmill in for repair.
15. Do not place sharp objects near the unit. Never drop or insert any object into any opening.
16. Do not use outdoors.
17. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
18. Use the unit only as described in this manual. Only use attachments recommended by the manufacturer.
19. For safety, keep a minimum clearance of 18" on the front and each side and 24" at the rear of the treadmill. Place the unit on a flat stable surface.

## IMPORTANT SAFETY INSTRUCTIONS (continued)

### GROUNDING INSTRUCTIONS

This unit must be grounded. If it malfunctions or breaks down, grounding reduces the risk of electric shock by providing a path of least resistance for electric currents. This unit is equipped with a cord that has an equipment-grounding conductor and a grounding plug. Insert the plug into an appropriate 110-120 Volt electrical outlet that is properly installed and grounded in accordance with all local codes and ordinances. Do not use an adapter or extension cord with this unit.

**WARNING!** – An improper connection of the grounding conductor can result in a risk of an electrical shock. Check with a qualified electrician if you are in doubt as to whether the unit is properly grounded. Do not modify the plug provided to you. If it does not fit the outlet, have a proper outlet installed by a qualified electrician.

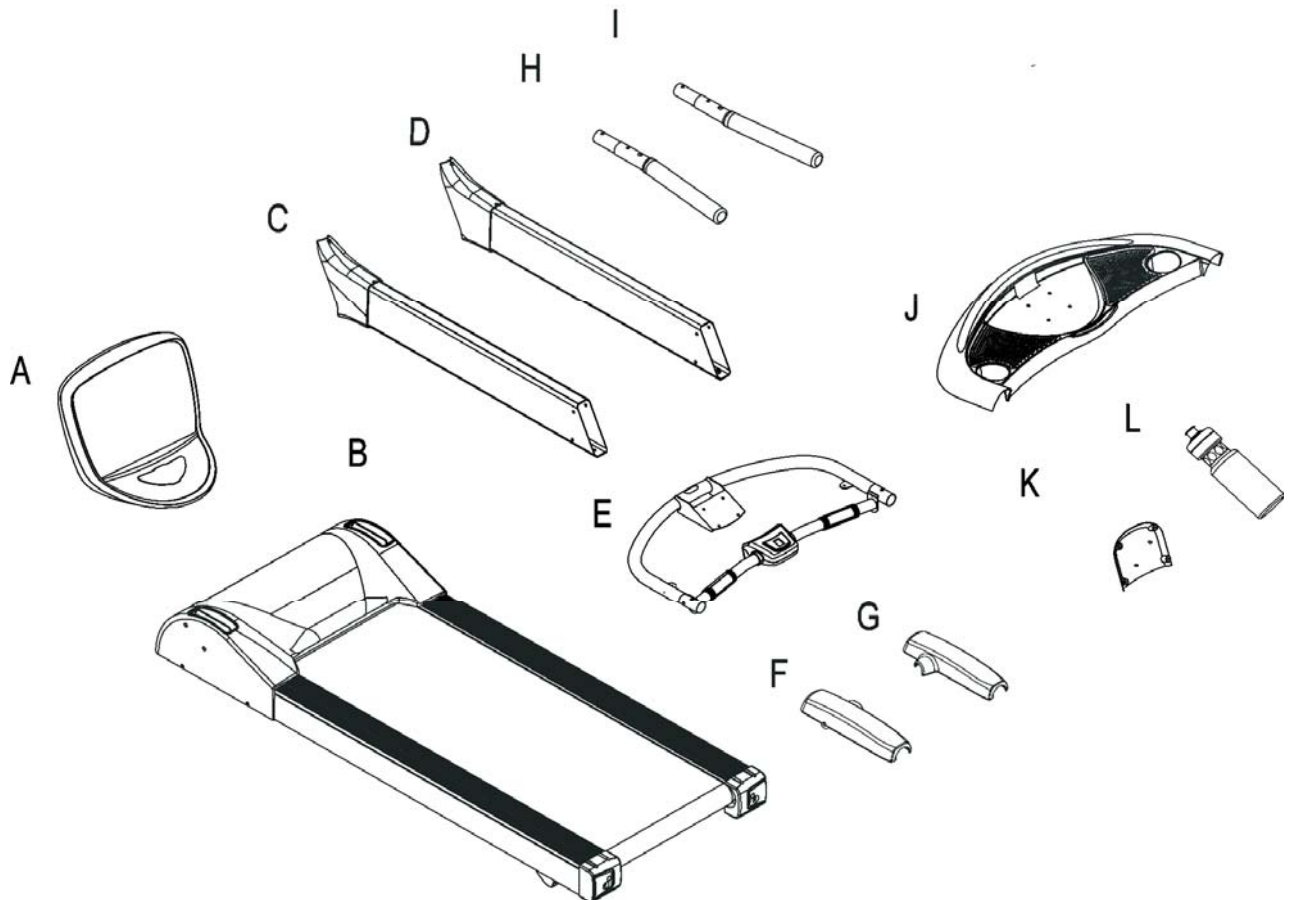


Please save these instructions

**SECTION 2**

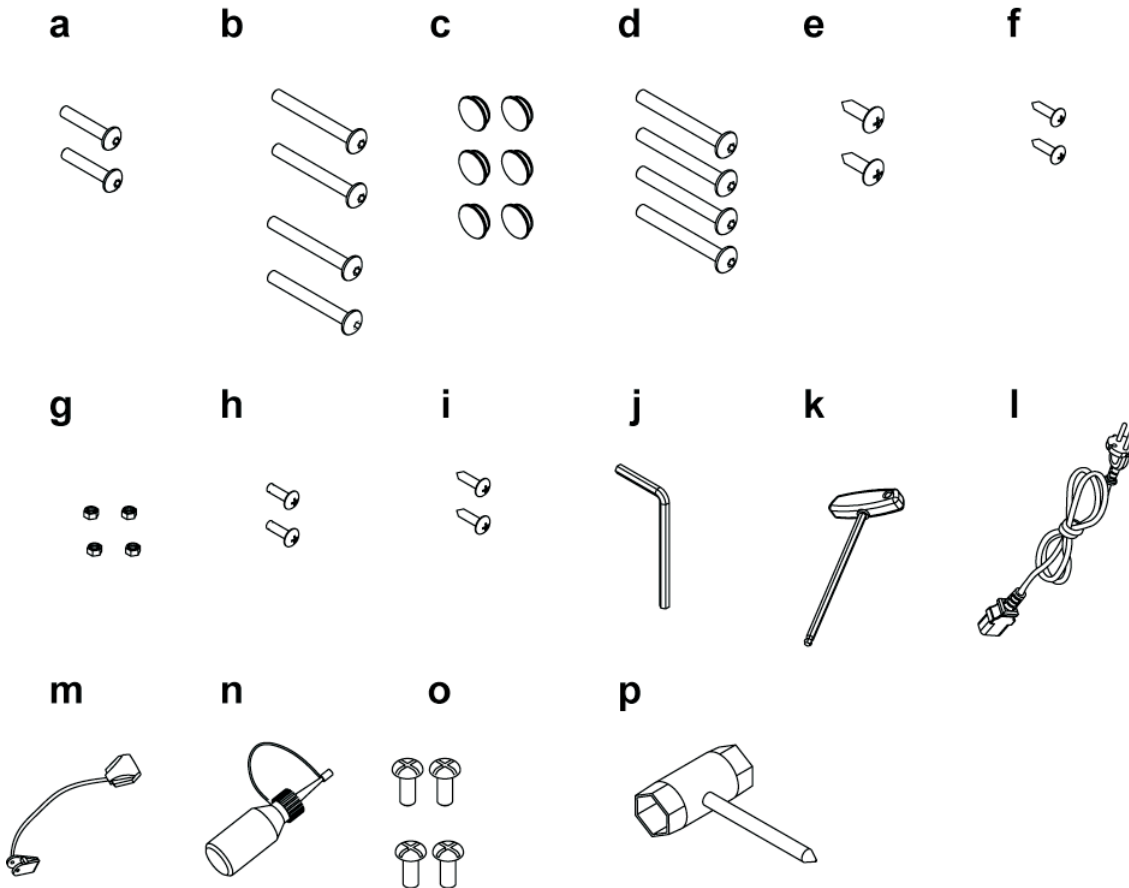
**ASSEMBLY INSTRUCTIONS**

ITEM	DESCRIPTION	QTY
A	Computer Set	1
B	Frame	1
C	Left Upright	1
D	Right Upright	1
E	Console Welding-Base	1
F	Left Handrail Cover	1
G	Right Handrail Cover	1
H	Left Handrail	1
I	Right Handrail	1
J	Cup/Bottle Holder Cover	1
K	Computer cover	1
L	Bottle	1



## ASSEMBLY INSTRUCTIONS TS5 (con't)

ITEM	Description	Qty
a	Bolt M8xP1.25x40	2
b	Bolt M8xP1.25x75	4
c	Bolt Cover	6
d	Bolt M8xP1.25x60	4
e	Screw Ø 5x25	2
f	Screw Ø 4x12	2
g	Nut M5	4
h	Bolt M6x15L	2
i	Screw Ø 4x16	2
j	Allen Wrench 6mm	1
k	T-Wrench	1
l	Power Cord	1
m	Safety Key/Clip	1
n	SILICON	1
o	Bolt M4xP0.7x8	4
p	Hex Wrench + Screwdriver 1.0mm	1

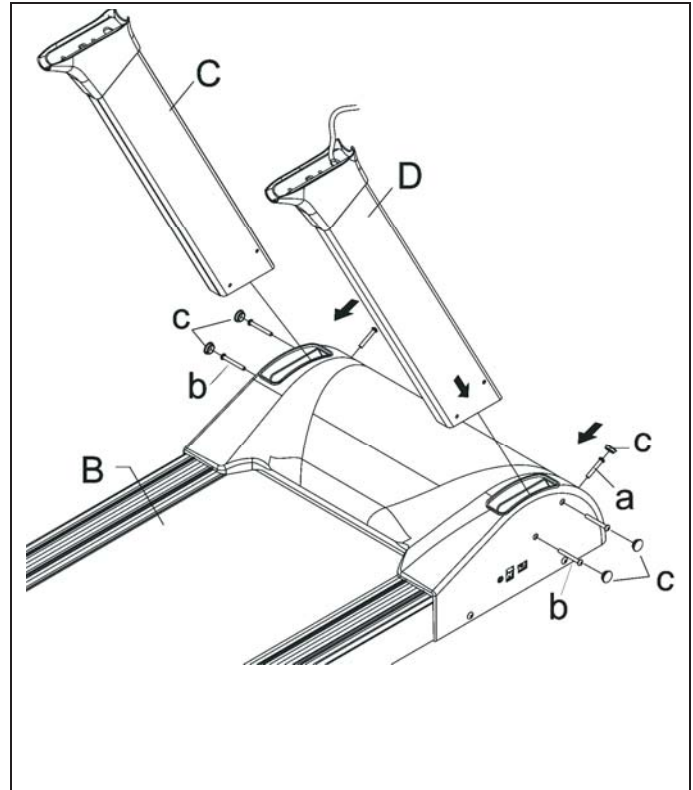


## ASSEMBLY INSTRUCTIONS TS5 (con't)

A minimum of two people are required to assemble this treadmill.

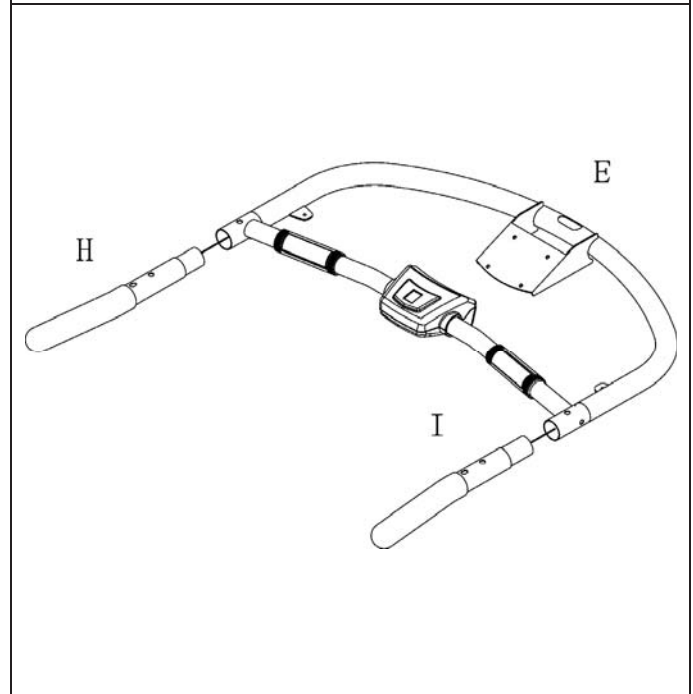
READ and understand ALL INSTRUCTIONS thoroughly BEFORE ASSEMBLING the treadmill.

1. Pull out the main wire from within the right upright (D) with attached guide wire. Then insert both uprights (C, D) into the frame (B).
2. Tighten with bolts (a, b). Cover the bolts with bolt covers (c) as shown in the drawing.



3. Insert handrails (H, I) onto the computer console welding base (E) mounting tubes.

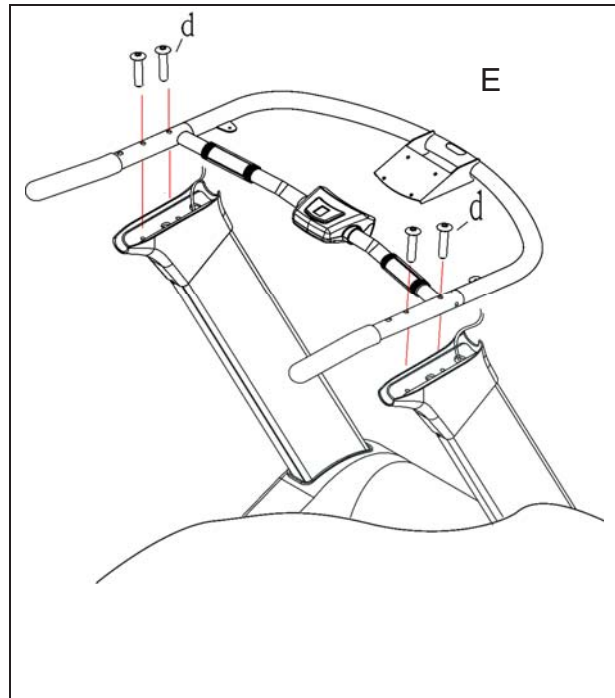
Note: While assembling, please make sure that the holes (apertures) of the handrails match the holes (apertures) of the console welding-base (E).



## ASSEMBLY INSTRUCTIONS TS5 (con't)

- Place the completed console welding-base (E) on the uprights as the drawing shows. Connect the main wire through the console welding-base and pull out the wire from the upper holes of the console welding-base. Then stabilize them with socket bolt (d).

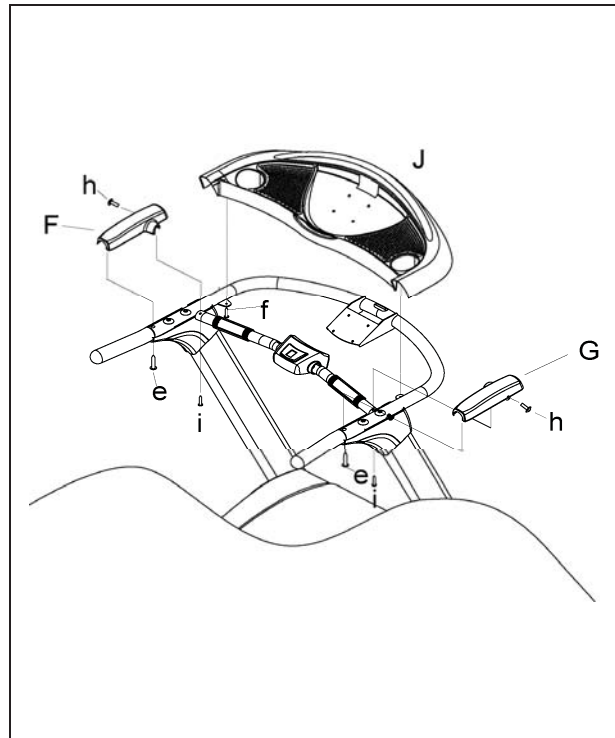
NOTE: While fastening the bolts, please ensure that the bolts do not pinch the wires when securing the upright and handrail.



- Place the cup/bottle holder (J) on the console welding-base (E), and tighten with Allen-head screws (f).

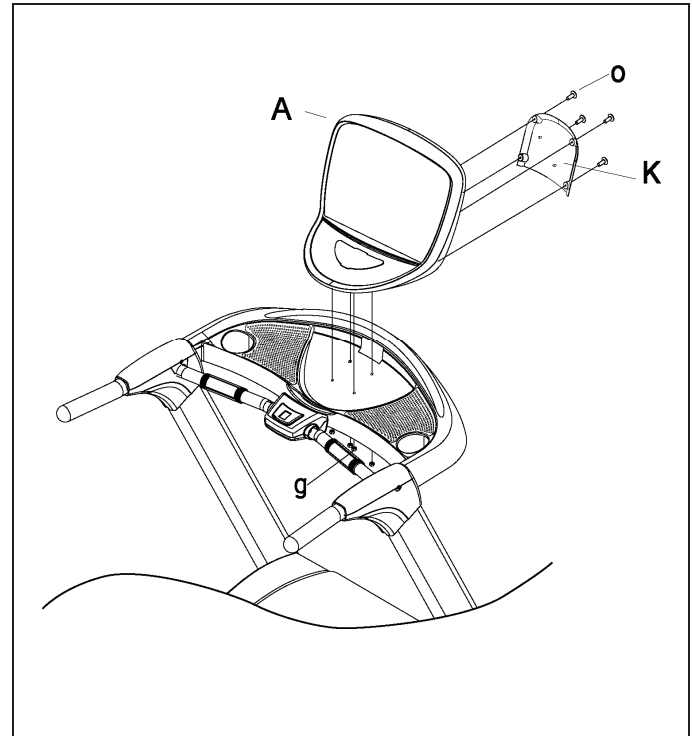
Fasten the right and left handrail covers (F, G) with Allen-head self-tapping screws (e, i) and bolts (h).

Note: Be aware not to damage the wires during the process of tightening the screws and bolts.



## ASSEMBLY INSTRUCTIONS TS5 (con't)

- Place the Computer set (A) on the cup/bottle holder (J) and connect all wires. Hide all wires into the tube and tighten the Allen-head nut (g). Finally, attach the rear Computer cover (K) with 4 bolts (o).





## SECTION 3

### TREADMILL AND CONSOLE

#### MOVING THE TREADMILL

Use the front wheels to move the Treadmill. Elevating the treadmill (incline) may help make the wheeling of the unit easier. Always be sure to use proper lifting form / technique. Grasp the end caps with two hands and slowly lift deck up until you are in an upright position. Keep the treadmill at that angle and wheel the unit as required.

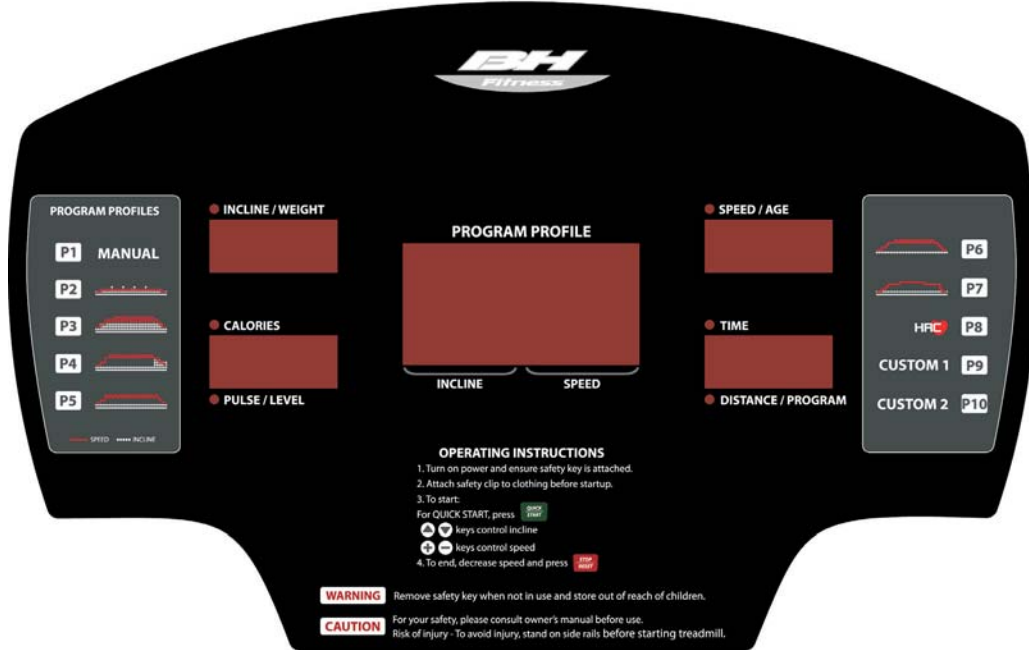
#### SAFETY KEY & CLIP

Your BH Fitness treadmill is equipped with a safety key that will disable the treadmill if it is not in place. You should attach the clip end to your clothing. The magnet end goes into the recess in the center of the console. If at any time you need to stop the treadmill, pull the safety key quickly off the console. This will cut all power to the treadmill and it will come to a complete stop. To restart the treadmill, place the safety key back in place. You will then need to program your workout again.

#### BEFORE STARTING

Straddle the running belt and stand on the side rails. Insert the safety key and attach the clip to your clothing. Do not stand on the walking belt while starting or stopping the treadmill.

## TREADMILL AND CONSOLE (con't)



### TS5

#### KEY FUNCTIONS

**QUICK/START** – This key is used to begin any treadmill program or QUICK/START.

**MODE** – This key is used to enter into the program mode.


**STOP/RESET** – This key is used to stop the treadmill at any time. In the standby position, press the Stop key for 5 seconds to set the incline to zero from an elevated position.


**ENTER** – This key is used to confirm the value of the current selection.



## TREADMILL AND CONSOLE (con't)

 These keys are used to adjust the elevation of the treadmill.

 These keys are used to adjust the speed of the treadmill.

**Note:** To switch between the metric system (kilometers) and the English system (miles), press and hold the Enter key for 10 seconds at the Start/Ready position after power on. At this time, the window will display: 1 (the metric system) or 0 (the English system). Use the Incline  keys to select. Press the Enter key to accept the selection.

**INSTANT SPEED/ELEVATION KEYS** – You can change the speed or elevation of the treadmill by pressing one of the Instant Key buttons.

### CONSOLE FEEDBACK

**TIME** – This will read the number of minutes left in the program that you have selected. In QUICK START it will read the number of minutes that you have been exercising.

**CALORIES** – This reading is the amount of body heat in calories burned during your workout. As with all pieces of exercise equipment, this is an estimated value.

**INCLINE** – Incline will read as a percent of grade.

**NOTE:** Important information about Incline:

1. If the Incline is elevated when the safety key is removed and put back, the Incline does reset automatically to zero.
2. If the Incline is elevated when the user turns off power and then turns it back on, the Incline does reset automatically to zero.
3. If the Incline is elevated in the standby position, press the Stop key for 5 seconds to set the incline to zero.

**PULSE** – Pulse will display in Beats Per Minute (BPM).



## TREADMILL AND CONSOLE (con't)

**SPEED** – This is how fast the treadmill moves in Miles Per Hour (MPH).




**DISTANCE** – Total distance traveled during your workout in miles.

### USING HEART RATE

**NOTE:** See page 20 for Target Heart Rate Instructions.

**PULSE GRIP** – To periodically check your heart rate, grasp the sensors at the base of the console. The PULSE LED will flash and after about 9 seconds your pulse will be shown in the pulse window.

### QUICK START

1. Stand on the side rails.
2. Use 2.A. or 2.B.
  - A. If POWER is off, turn on POWER switch, then go to step 3.
  - B. If POWER is on and a Program has been completed or interrupted by pressing STOP/RESET, then do the following:
    - 1.) Press STOP. Press and hold STOP until TIME = 0:00.
    - 2.) Wait for the Incline to go down to zero.
    - 3.) Press and hold ENTER until the console double beeps and the TIME screen is blank.
    - 4.) Press ENTER again.
3. Weight will be flashing. (Default is 150 lbs.)
4. Adjust weight if you wish with the  keys.
5. Press QUICK/START and the unit will move at 0.5 MPH.
6. Adjust Speed with the  or instant speed keys.
7. Adjust Incline with the  or instant incline keys.

### TO STOP

1. Step off running belt onto the side rails.
2. Press STOP/RESET. The running belt will stop.

**NOTE:** For an immediate stop, pull the safety key out of the safety key recess and the treadmill will stop abruptly.



## SECTION 4

### WORKOUT PROGRAMS





Your BH FITNESS treadmill will provide both manual controlled and factory installed preset workout programs.

In MANUAL, you control the speed and/or elevation at your discretion. For QUICK START exercise with Time setting, refer to Manual Program.

In PRESET programs, the speed and/or elevation will change in accordance with the program's profile (as illustrated on the following pages).

In any program, pressing the Stop key will pause the current program. To resume the current program press the Start key. To exit the current program and return to the standby mode, press the Stop key again.





#### MANUAL PROGRAM (P-01) SETUP

1. Stand on the side rails.
2. Use 2.A. or 2.B.
  - A. If POWER is off, turn on POWER switch, then go to step 3.
  - B. If POWER is on and a program has been completed or interrupted by pressing STOP/RESET, then do the following:
    - 1.) Press STOP. Press and hold STOP until TIME = 0:00.
    - 2.) Wait for the Incline to go down to zero.
    - 3.) Press and hold ENTER until the console double beeps and the TIME screen is blank.
    - 4.) Press ENTER again.
3. Weight will be flashing. (Default is 150 lbs.)
4. Adjust weight with the  keys and press ENTER.
5. Press MODE key ~ Program P-01 light will be flashing.
6. Press ENTER key ~ Time will be flashing.
7. Adjust time with the  keys.
8. Press QUICK/START and the unit will move at 0.5 MPH.
9. Adjust Speed with the  or instant speed keys.
10. Adjust Incline with the  or instant incline keys.









## WORKOUT PROGRAMS (continued)

### PROGRAM (P-02 through P-07) SETUP

1. Stand on the side rails.
2. Use 2.A. or 2.B.
  - A. If POWER is off, turn on POWER switch, then go to step 3.
  - B. If POWER is on and a program has been completed or interrupted by pressing STOP/RESET, then do the following:
    - 1.) Press STOP. Press and hold STOP until TIME = 0:00.
    - 2.) Wait for the Incline to go down to zero.
    - 3.) Press and hold ENTER until the console double beeps and the TIME screen is blank.
    - 4.) Press ENTER again.
3. Weight will be flashing. (Default is 150 lbs.)
4. Adjust weight with the   keys and press ENTER.
5. Press MODE key ~ Program P-01 light will be flashing.
6. Select program P-02 through P-07 with the   keys.

### **NOTE Program P-02, skip to Step 8**

7. Press ENTER ~ Time light will be flashing.
8. Adjust time with the   keys.
9. Press ENTER ~ Speed will be flashing.
10. Adjust speed with the   keys.
11. Press ENTER ~ Incline will be flashing.
12. Adjust incline with the   keys.
13. Press QUICK/START to begin the workout.








## WORKOUT PROGRAMS (continued)

### PROGRAM (P-08) (HRP – Heart Rate Program)

**NOTE:** P-08 requires a Chest Strap, such as POLAR T41

Transmitter, sold separately.

**NOTE:** See Page 20 for Target Heart Rate instructions






1. Stand on the side rails.
2. Use 2.A. or 2.B.
  - A. If POWER is off, turn on POWER switch, then go to step 3.
  - B. If POWER is on and a program has been completed or interrupted by pressing STOP/RESET, then do the following:
    - 1.) Press STOP. Press and hold STOP until TIME = 0:00.
    - 2.) Wait for the Incline to go down to zero.
    - 3.) Press and hold ENTER until the console double beeps and the TIME screen is blank.
    - 4.) Press ENTER again.
3. Weight will be flashing. (Default is 150 lbs.)
4. Adjust weight with the  keys and press ENTER.
5. Press MODE key ~ Program P-01 light will be flashing.
6. Select P-08 program with the  keys.
7. Press ENTER ~ Time will be flashing.
8. Adjust time with the  keys.
9. Press ENTER ~ Age will be flashing.
10. Adjust age with the  keys.
11. Press ENTER ~ Pulse will be flashing.
12. Adjust pulse with the  keys.
13. Press QUICK/START to begin the workout.

**(P8) HEART RATE CONTROL (HRC) – Based on AGE, PULSE and TIME inputs**



## WORKOUT PROGRAMS (continued)

### CUSTOM PROGRAMS (P-09 and P-10) SETUP

1. Stand on the side rails.
2. Use 2.A. or 2.B.
  - A. If POWER is off, turn on POWER switch, then go to step 3.
  - B. If POWER is on and a program has been completed or interrupted by pressing STOP/RESET, then do the following:
    - 1.) Press STOP. Press and hold STOP until TIME = 0:00.
    - 2.) Wait for the Incline to go down to zero.
    - 3.) Press and hold ENTER until the console double beeps and the TIME screen is blank.
    - 4.) Press ENTER again.
3. Weight will be flashing. (Default is 150 lbs.)
4. Adjust weight with the  keys and press ENTER.
5. Press MODE key ~ Program P-01 light will be flashing.
6. Use the  keys to select P-09 or P-10.
7. Press ENTER ~ Time will be flashing.
8. Adjust time with the  keys.
9. Press ENTER ~ Display will show S=01 (Segment #1).
10. Adjust the speed of this segment with the  keys or instant speed keys.
11. Adjust the incline of this segment with the  keys or instant incline keys.
12. Press ENTER ~ Display will show S=02 (Segment #2).
13. Repeat steps 9, 10 and 11 up to S=30 (30 segments).
14. Press QUICK/START at any time to end data entry and begin workout.

**Custom programs will be stored in the system for easy retrieval unless you reprogram the segments of the custom program.**

**NOTE:** You can program up to 30 exercise level segments; however, you can stop at any segment you desire. The segment you end at prior to segment 30 will be run at default incline and speed of 0% and 0.5 MPH respectively.

However, you can edit the program at the segment you are currently on and the built-in software will automatically adjust the rest of the segments to match.

## SECTION 6

### PREVENTIVE MAINTENANCE

The running belt can shift to one side or simply 'skid over' when running. Run the machine at 3 mph for a few minutes to determine which side the belt is drifting towards, left or right. Center the belt using the 8 mm Torque wrench.

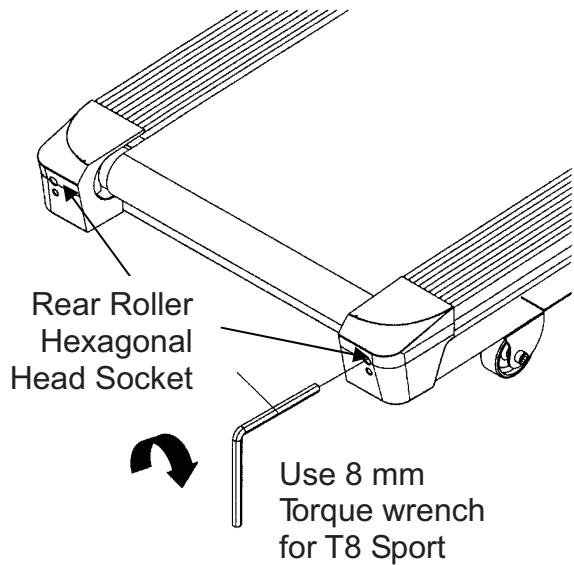
If the belt is drifting left.

- i) Turn the treadmill off and unplug from the machine.
- ii) Tighten the left hexagonal head socket a ¼ turn (clockwise).
- iii) Loosen the right hexagonal head socket a ¼ turn (counterclockwise).
- iv) Run the belt at 3 mph again for a few minutes.  
If the belt drifts to the left, repeat steps.

If the belt is drifting right.

- i) Turn the treadmill off and unplug from the machine.
- ii) Tighten the right hexagonal head socket a ¼ turn (clockwise).
- iii) Loosen the left hexagonal head socket a ¼ turn (counterclockwise).
- iv) Run the belt at 3 mph again for a few minutes.  
If the belt drifts to the right, repeat steps.

Once the running belt has been adjusted, closer to the center, the treadmill can be powered on again.



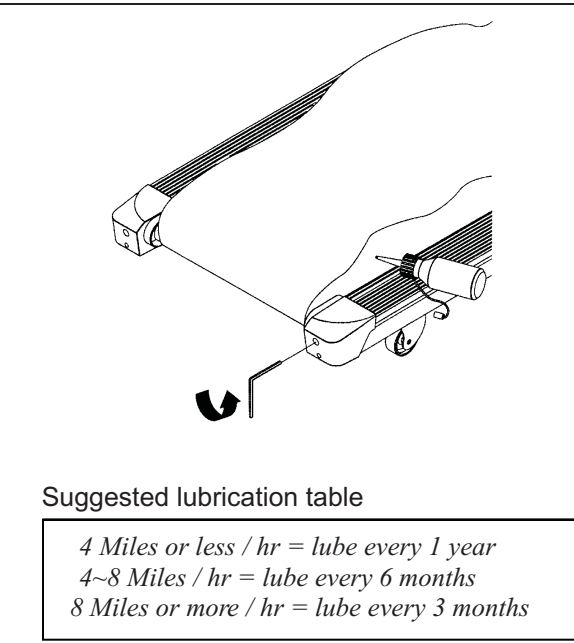
It is recommended that the deck be lubricated before first use and according to the table below.

**WARNING!**

Do not use cleaner under the running belt.

- i) Use 8 mm Torque wrench to loosen the hexagonal head socket in the end caps. Remove excessive accumulations of dust, dirt, and other substances from running deck. **ONLY** use a clean soft cloth.
- ii) Gently pull up the side of the running belt. Dispense a thin layer of the lubricant on deck, and spread evenly. **DO NOT** over lubricate.
- iii) Center the belt (using the instructions above), and tighten the hexagonal head socket.

Check belt condition and if necessary adjust using the instructions above.





## SECTION 5

### CALCULATE YOUR TARGET HEART RATE

Heart Rate (HR) training has become one of the most popular forms of monitoring your workouts. Nothing tells you how your body is feeling like your own heart. By using your heart rate to tell you how hard to train, you can maximize your workout results.

#### STEP ONE

##### **Determining your Maximum Heart Rate:**

The standard calculation for determining your maximum heart rate, Beats Per Minute (BPM), is to take your age and subtracting it from the number 220.

Example: If you are 30 years of age, your maximum heart rate is:  
 $220 - 30 = 190$  BPM.

#### STEP TWO

##### **Select your ideal workout HR Zone:**

Once you have your maximum heart rate you can use it to determine your Target HR Zone based on your fitness goal(s).

Recent studies have shown:

60-70% of your maximum HR will allow you to loose weight.

70-80% of your maximum HR will improve your aerobic fitness.

80-85% of your maximum HR will increase your athletic performance.

NOTE: DO NOT exceed 85% of your maximum heart rate.

#### STEP THREE

##### **Calculate your ideal Target HR:**

Using the above percentages, you can calculate your ideal Target Heart Rate for your specific goal.

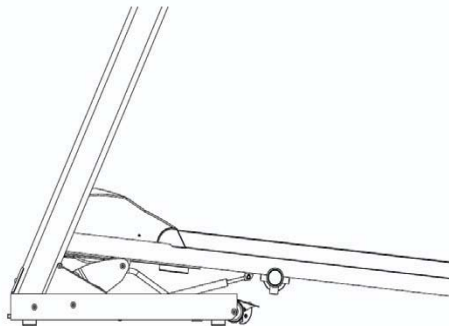
As an example, the average 30 year old can:

Maximize burn fat / weight loss, by maintaining ~123 BPM during a workout  
 $190 * 0.65 = 123$  BPM.

Improve aerobic fitness, by maintaining ~142 BPM during a workout  
 $190 * 0.75 = 142$  BPM.

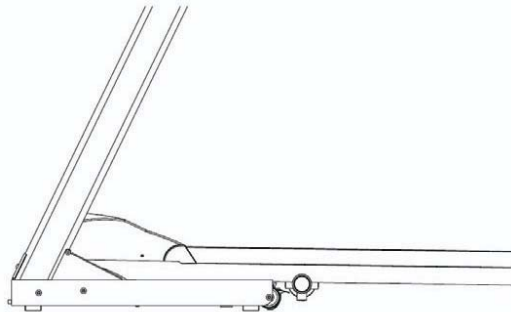
Remember to **consult your family physician or health care professional** to develop a well-planned exercise program to fit your health needs.

ERROR MESSAGE	POSSIBLE CAUSES	SOLUTION
<b>E1</b>		
Loss of Feedback	Speed Sensor disconnected	Check Speed Sensor Connection
	Speed Sensor Misaligned	Check Sensor position
	Faulty Speed Sensor	Replace Speed Sensor
	Loose Display Connection	Check Display Cable Connection
	Faulty MCB (D2 LED on)	Replace MCB
	Faulty Drive Motor	Replace Drive Motor
<b>E6</b>		
Safety Key Off	Faulty Safety key	Check Safety key or switch
Elevation Motor	Elv. Motor not moving	Check Elv. Motor connections
Stalled Elev. Motor	Elv. Motor screw binding	Clean screw, lubricate or remove obstruction
	Elv. Motor out of range	Check motor zero position
	Elv. Potentiometer	Replace Elev motor
<b>E7</b>		
Elevation Motor	Elv. Motor out of range	Replace Elev motor
Display doesn't light up	On/Off Switch	Check if unit is turned on
	Fuse	Check fuses on MCB
	Insufficient power source	Plug unit in a dedicated 120V, 20A outlet



## TROUBLESHOOTING (continued)

<b>E6/E7</b>		
Incline Function Abnormality	If the treadmill stuck in a raised position, press & hold STOP while pressing DOWN simultaneously for 3 – 5 sec. to force the treadmill to lower until a value 100 is read at the information window, then release the keys	
	If the treadmill stuck below zero position, press & hold STOP while pressing UP simultaneously for 3 – 5 sec. to force the treadmill to raise until a value 100 is read at the information window, then release the keys	
	If any of the above does not help, contact your authorized center for service	
Treadmill Does Not Work	A fuse or circuit breaker has cut off power	Replace fuse or reset breaker. Contact a qualified electrician if needed. Plug the treadmill into a dedicated 110-120VAC 15 or 20 Amp outlet to ensure the treadmill receives appropriate power to function correctly. The outlet must not supply power to any other devices or appliances



(Figure 2)



# Part List

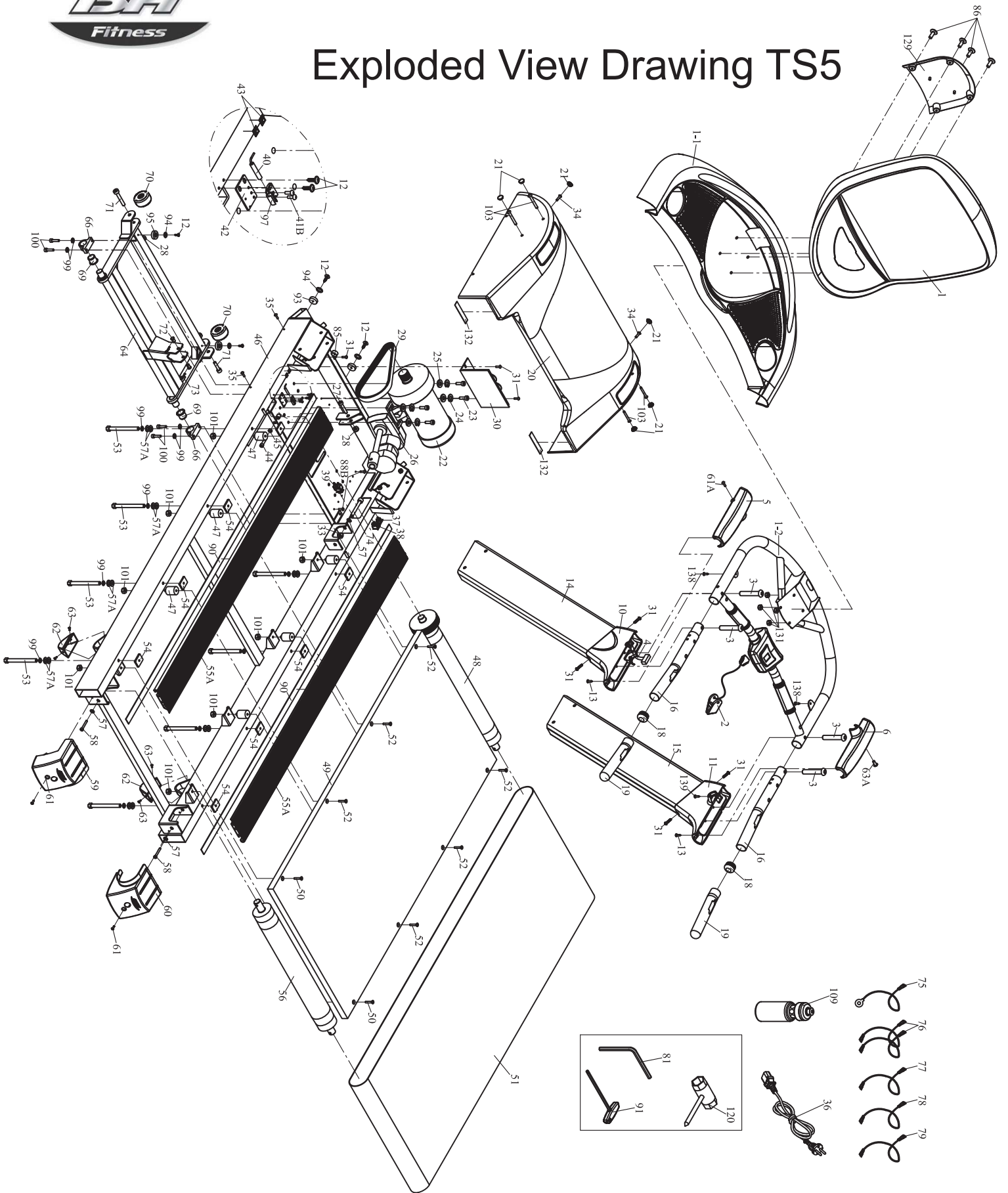
NO	Spec	Description	Qty	NO	Spec	Description	Qty
1	HTF140-D	Computer Console	1	54	NAL-040	Aluminum Peadl Fixing Plate	8
1-1	P-1633	Plastic Water Bottle Holder	1	55A	P-2719	Plastic Pedal	2
1-2	HTE010	Water Bottle Holder Assembly	1	56	NRL-005A	Rear Roller	1
1-3				57	SPA 100-200-20	Washer?10x?20x2.0t	3
2	HTHA001	Safety Key/Clip	1	57A	SPA080-200-20	Washer?8x?20x2.0t	16
3	SK-299	Truss Hex Screw K-299	4	58	SGA 10-110I	CKS Hex Screw M10xP1.5x110	2
4	XL-700B	controller wire?lower?	1	59	P-2325L	Rear End Cap(L) BH	1
5	P-1907L	Lower Handrail Cover(Left)	1	60	P-2325R	Rear End Cap(R) BH	1
6	P-1907R	Lower Handrail Cover(Right)	1	61	SAE5-15	Round Head Philips Screw M5xP0.8x15	2
7				62	P-1032	Rubber Foot Pad	2
8				63	SCE6-10	Truss Philips ScrewM6xP1.0x10	4
9				63A	SCE6-15	Truss Philips ScrewM6xP1.0x15	2
10	P-1908L	Lower Handrail Cover(Left)	1	64	JTBC010	Incline Fixing Base	1
11	P-1908R	Lower Handrail Cover(Right)	1	66	NT-1000	Incline Base	2
12	SMM4-16	Washer Philips Self Tapping Screw Ø4x16	7	67			
13	SCI5-25	Truss Philips Self Tapping Screw Ø5x25	2	68			
14	JTCA030A	Upright(Left)	1	69	P-1037	Plastic Lining	2
15	JTCB024A	Upright(Right)	1	70	PB-00-003	wheelØ10xØ60x30t	2
16	JTDA001	Hand Grip Tube	2	71	SGC10-60-30I	CKS Hex Screw M10xP1.5x60(Thread 30mm)	2
17				72	NT-1379	Incline Base Flex £ yshaped Iron Plate Pin	2
18	PCA-1-1/2-001	Arc End Cap Ø1-1/2" x1.5t	2	73	SQC100-20	R Pin?10x?2.0	2
19	PFC036-30-0220	PVC Foam Grip	2	74	SGA 10-100I	CKS Hex Screw M 10xP1.5x100?Full Thread?	1
20	P-1045-ABS	Upper Motor Cover	1	75	XLT002	Extension Wire (White)14AWGx90x2T	1
21	P-1064	Screw Plastic Cover	6	76	XLT001	Extension Wire (Black)14AWGx90x2T	2
22	XM-279	Motor	1	77	XLT019	Extension Wire (White)14AWGx700x2T	1
23	SGA 10-25I	CKS Hex Screw M10xP1.5x25	4	78	XLT020	Extension Wire (Black)14AWGx680x2T	1
24	SPB10	Spring Washer M10	4	79	XLT036	Extension Wire ?Kelly)14AWGx130x1T1R	1
25	SPA 100-200-30	Washer Ø10xØ20x3.0t	4	80			
26	XM-107	Incline Motor	1	81	SSA5-80-80M	Hex Wrench	1
27	SGA 10-40I	CKS Hex Screw M10xP1.5x40	1	83			
28	SOC10	Nylon Nut M10xP1.5	3	85	PEC-UC-2	Wire Clip Knob UC-2	1
29	CA-240J8	Drive Belt	1	86	SCA4-8	Truss Philips Screw M4xP0.7x8	4
30	XRB-013-001	controller	1	87			



## Part List

31	SCE5-12	Truss Philips Screw M5xP0.8x12	7	88B	SAA5-10GZ	Round Head Philips Screw(Galvanization) M5xP0.8x12	
32				89			
33	SOA10	Allen Nut M10xP1.5	1	90	BAA13750-200-15	Foam Sticker	2
34	SDA8-40I	Truss Hex Screw M8xP1.25x40	2	91	SSB8-200	T Sharp Wrench 8mmx200mm	1
35	SCE5-15	Truss Philips Screw M5xP0.8x15	4	92			
36	XLZ-TM	Power Cord	1	93	P-1155A	Rubber Pad	3
37	XEH-002-001	Power Cord Socket	1	94	SPA060-160-10	Washer Ø6xØ16x1.0t	5
38	XEA-A001	Power Switch	1	95	P-1155	Foot Pad	2
39	XEG-15-001	Circuit Breaker	1	97	P-2231	Sensor Fixing Base	1
40	XEM-008	Sensor	1	99	SPB8	Spring Washer M8	12
41				100	SGA8-25I	CKS Hex Screw M8xP1.25x25	4
41B	SCE4-10	Truss Philips Screw M4xP0.7x10	2	101	SOC8	Nylon Nut M8xP1.25	8
42	NO-2399	Sensor Fixing Plate	1	103	SK-298A	Truss Hex Screw K-298A	4
43	PEC-HC-101S	KSS Wire Clip Knob HC-101S	2	106			
44	SGA8-55I	CKS Hex Screw M8xP1.25x75	1	109	PK-L-027	Bottle	1
45	SOA8	Allen Nut M8xP1.25	1	114			
46	JTAA010	Frame	1	120	SK-433	Bushing Spanner + Screwdriver	1
47	P-1301	Fixing Cushion	6	129	P-1646	Decoration Cover of Rear Computer Cover	1
48	NRL-005B	Front Roller	1	131	SOC6	Nylon Nut M6xP1.0	4
49	MB-006	Running Pad	1	132	BAA0800-200-15	Foam Sticker	2
50	SIA8-40I	Counter Sink Hex Screw M8xP1.25x40	2	134			
51	CB00080	Running Belt	1	135			
52	SIA8-35I	Counter Sink Hex Screw M8xP1.25x35	6	138	SCI4-12	Truss Philips Screw Ø4x12	2
53	SEA8-115-25	Allen Screw M8xP1.25x115 Thread 25mm	8	139	SCI4-16	Truss Philips Self Tapping Screw Ø4x16	2

# Exploded View Drawing TS5





## SECTION 8

### WARRANTY

#### USA / CANADA Warranty

Warranties may vary in other countries. See your local BH Fitness Dealer.

#### WARRANTY SUBMITTAL

Please have the following information available when contacting your dealer or BH for warranty support.

A copy of the dated purchase receipt or credit card statement.

An explanation the problem/malfunction or parts that are missing or damaged.

Owner's name, address and phone number.

Model (Treadmill TS5) and Serial Number

Forward your information to BH North America by

FAX: (949) 206-0013

E-mail: [fitness@bhnorthamerica.com](mailto:fitness@bhnorthamerica.com)

Mail to: 20155 Ellipse, Foothill Ranch, California 92610, USA

For troubleshooting assistance or to confirm your claim please phone:

(949) 206-0330

**BH FITNESS** extends the following exclusive, limited warranty. Any other use of the unit shall void this warranty.

#### **FRAME** – Lifetime (Home Warranty)

BH Fitness warrants the Frame against defects in workmanship and materials for Lifetime from the date of original purchase, so long as it remains in the possession of the original owner for home use.

#### **DRIVE MOTOR** – Lifetime (Home Warranty)

BH Fitness warrants the Drive Motor against defects in workmanship and materials for Lifetime from the date of original purchase, so long as the unit remains in the possession of the original owner for home use.



## **WARRANTY (continued)**

### **ELECTRONICS & PARTS – 10 Years (Home Warranty)**

BH Fitness warrants the Electronic components and all original parts (other than the Drive Motor) against defects in workmanship and materials for a period of Ten years from the date of original purchase, so long as the unit remains in the possession of the original owner for home use.

### **LABOR – 2Years (Home Warranty).**

BH Fitness shall cover the labor cost for the repair of the unit for a period Two years from the date of original purchase, so long as the unit remains in the possession of the original owner for home use. Labor warranty does not include the travel time and or expense that may result from the unit being outside of the seller or repair technician's normal service zone.

### **EXCLUSIVE REMEDY**

The exclusive remedy for any of the above warranties shall be repair or replacement of defective parts, or the supply of labor to cure any defect, provided that labor shall be limited as detailed above. All labor shall be supplied by the local retailer and the product must be located within the retailer's service area. Travel time that is further than the retailer's normal service area will not be included in the products labor warranty.

### **EXCLUSIONS AND LIMITATIONS**

This warranty applies only to the original owner and is not transferable. This warranty is expressly limited to the repair or replacement of a defective Frame, Drive Motor, Electronic component, or defective part and is the sole remedy of the warranty. The warranty does not cover normal wear.

**BH FITNESS** expressly disclaims all other warranties, express or implied, including but not limited to all warranties of fitness for a particular purpose or of merchantability. This warranty gives you specific legal rights and your rights may vary from state to state.

### **WARRANTY REGISTRATION**

Your warranty card must be completed and sent to BH FITNESS before a warranty claim can be processed.